



*“Working together with people of all ages and cultures, to develop community wellness and prevention awareness.”*



## **The 16<sup>th</sup> Creating Cultural Harmony Conference**

*“Footsteps that Strengthen Hope and Resiliency”*

**February 8, 2013**

**San Juan College Henderson Fine Arts Center**

### **CONFERENCE AGENDA**

Please join us for a day of learning and entertainment as we celebrate the 16<sup>th</sup> Creating Cultural Harmony Conference. This one day conference offers residents of the Four Corners and the rest of the State of New Mexico an exciting and fun day with presentations and entertainment that celebrate our diverse cultures. The theme of this year’s conference acknowledges that our communities have hope for providing our residents with a good place to live and that we are resilient, able to succeed despite our challenges.

#### **PARTICIPANT ARRIVAL, BREAKFAST SNACK & EXHIBITS**

*7:30 AM – 8:30 AM*

Participant Check-In.....Lobby

#### **Entertainment by Patchwork Barbershop Quartet**

Patchwork Quartet members are Joe Macaluso, Tenor; Mike Yonker, lead; Billy Hendricks, baritone; and Frank Wehlage, bass. They sing 4 part harmony that includes original barbershop love songs, as well as music from the 50’s to the 70’s.

#### **OPENING CEREMONY**

*8:30 AM*

#### **Entertainment by Hakim Bellamy**

Mr. Bellamy will perform a monologue in which he plays three characters. The monologue was written for Dr. Martin Luther King Day 2012. He will also perform the Poem “Different Classrooms” about the cultural and generational sensitivities developed by teaching poetry in schools.

**Entertainment by “A Celtic Gathering,” featuring Jim Lynch on bagpipes and Maria Blair- Scottish Highland dancing**

## KEYNOTE ADDRESS

9:15 AM – 10:15 AM

### “Leading From Kindness” – Presented by Diana Rico

*Our morning keynote speaker is Diana Rico of Taos, NM. Diana Rico is an internationally published journalist, book and magazine editor, documentary producer-writer, and critically acclaimed author specializing in the arts and spiritual/social issues. Ms. Rico's articles have been published in American Film, Architectural Digest, Elle, GQ, Harper's Bazaar, and many other national and international publications. Ms. Rico's TV documentaries have aired in 70 million homes nationally and 140 million homes internationally. As a senior producer-writer for E! Entertainment Television, she helmed 18 episodes of the hit Emmy-nominated primetime series The E! True Hollywood Story.*

“Be kind whenever possible,” said the Dalai Lama. “It is always possible.” Is His Holiness the Dalai Lama right – is it always possible to be kind? What kind of world might we create if we mindfully practiced kindness in our every choice and interaction? And what steps can we take in our daily lives to begin to lead from kindness and to create such a world? We will gain insight into the benefits of practicing kindness as seen through some of the world's great wisdom traditions, as well as from new research in the behavioral sciences showing that generosity, compassion, and other kindness attributes have measurable benefits. We will be inspired by the vast possibilities for changing our interactions--and thus our lives--by mindfully practicing kindness whenever possible.

## MORNING WORKSHOPS

10:30 AM – 12:00 Noon

### **WORKSHOP A: Culture as Prevention: Using Tribal Best Practices to Prevent Suicide**

**Presented By:** *Gerry Rainingbird, Technical Assistance Specialist, Education Development Center, Vancouver, WA*

This workshop provides an overview of the role that tribal best practices play in preventing suicide in tribal communities, and how culture is one of the most important protective factors specifically available to our native young people. The topics included in this presentation include: why we need to talk about suicide; the role of culture and community; protective and risk factors unique to native communities; the myths behind suicide; how we build capacity and sustainability to prevent/reduce suicides by turning to tribal best practices.

**\*\*This workshop will be repeated in the afternoon session**

### **WORKSHOP B: Communicating Effectively in a Culturally Diverse Environment**

**Presented By:** *Roberto Chene, M.A., Intercultural Consultant, Intercultural Leadership and Conflict Resolution, Albuquerque, NM*

The emphasis of this workshop will be on Listening as an indispensable leadership skill when communicating interculturally. Participants will practice communication in pairs or small groups and report on their experience. Through debrief, dialogue, and facilitated participation we will examine the best practices and potential pitfalls of communication in an intercultural environment. Special emphasis will be given to the healing aspects of good communication. We will touch briefly on strategies that are helpful in avoiding conflict and how to use good communication to foster the bridging of differences when they may arise.

**\*\*This workshop will be repeated in the afternoon session**

**WORKSHOP C: Building Relationships through K'e'**

**Presented by:** *Raymond Deal, Traditional Program Specialist, Navajo Nation Peacemaking Program, Shiprock, NM*

Participants in this workshop will be able to understand the concept of K'e' and that K'e' is not only with people, but with everything in our lives. They will gain information and teachings that make them aware that K'e' can be used to make connection when working with people. This concept is the main instrument used in the Navajo (Dine') Peacemaking Program and in the daily life of a Navajo (Dine').

**\*\*This workshop will be repeated in the afternoon session**

**WORKSHOP D: Successful Smoke-Free Multi-Unit Housing: Tips & Tools for Advocates**

**Presented By:** *Kara Skahen, Community Outreach Coordinator, MSW/MPP, Live Smoke Free, Association for Nonsmokers Minnesota, St. Paul, MN*

Multi-Unit Housing is one of the few remaining indoor areas in the U.S. not covered by smoke-free laws. Over 92 million U.S. residents live in rental dwellings, many from populations disparately impacted by tobacco use: ethnic minorities, low-income, children, the elderly, and those with chronic diseases. The Live Smoke Free program in Minnesota has assisted hundreds of landlords in adopting smoke-free multi-unit housing policies and has trained dozens of public health professionals on how to assist landlords in adopting smoke-free multi-unit housing policies. Attendees of this session will obtain a framework and numerous tips for initiating smoke-free multi-unit housing policy work in their community.

*Lunch will be served in Room 9006*

*12:00 noon – 1:15 PM*

**AFTERNOON WORKSHOPS**

*1:30 PM – 3:00 PM*

**WORKSHOP A: Culture as Prevention: Using Tribal Best Practices to Prevent Suicide**

**Presented By:** *Gerry Rainingbird, Technical Assistance Specialist, Education Development Center*

**\*\*See description of workshop above**

**WORKSHOP B: Communicating Effectively in a Culturally Diverse Environment**

**Presented By:** *Roberto Chene, M.A., Intercultural Consultant, Intercultural Leadership and Conflict Resolution*

**\*\*See description of workshop above**

**WORKSHOP C: Building Relationships through K'e'**

**Presented by:** *Raymond Deal, Traditional Program Specialist, Navajo Nation Peacemaking Program*

**\*\*See description of workshop above**

**WORKSHOP D: How to Practice Random – and Not so Random—Acts of Kindness**

**Presented by:** *Diana Rico, Journalist, Author, TV Documentary Producer*

There is a Buddhist tenet that speech has to pass through three gates before it comes out of our mouths. At the first gate, we are asked, "Is what you are about to say true?" At the second gate the question is, "Is what you are about to say kind?" And at the third, "Is what you are about to say necessary?" This simple tenet can actually revolutionize our relationships—whether in the personal, professional or public sphere. Using it as a jumping-off point, we will engage in a variety of exercises to explore how to bring loving kindness to bear in our everyday lives.

## CLOSING CEREMONY & KEYNOTE

3:15 PM – 4:30 PM

### **Entertainment by Charles Stacy- Gypsyfire**

Charles Stacey's "Gypsyfire" presents music that is a mixture of original contemporary folk and traditional Celtic. Each song tells stories of special places and the people who inhabit them.

### **Entertainment by Ballet Folklorico De Fort Lewis College**

Ballet Folklorico will perform traditional Mexican folklore dances from various states of Mexico. The group works together at the college level to create diversity throughout the campus. Dancing is their way of spreading culture and of relieving stress during college.

### **"Hope in a State of Emergency"**

*Presented by Michael Brown*

*Our afternoon keynote speaker is Michael Brown, Sankofa Community Wellness & Prevention Institute, Albuquerque, NM. Michael has over 25 years of experience and expertise in training, leadership development, community building, enhancing effective communication and establishing environments that support, respect and appreciate difference. Michael's experience spans grassroots community development, Executive Director responsibilities and Foundation Program Directorships which enable him to be empathetic to the diverse views that coexist in a room. He is a strong advocate for multicultural leadership development and is known for his innovative, insightful and passionate approach to training and education in support of community strengthening strategies. He has provided technical support and coaching to individuals and organizations ranging from neighborhood and community-based organizations, to state and national initiatives designed to encourage and provide opportunities for community strengthening, service and learning.*

It is often said that "it takes a village to raise a child," yet we are witnessing a complete breakdown in most of our system of care aimed at our young. How do we analyze the times we live in, the present moment, and locate sources of vision and hope? How do we ask our young to look defeat, disillusionment, and discouragement in the face and work through it? Words like resiliency, courage, and even hope have lost their true meaning, obscured by the "politicization" of human compassion and care; some receive it, others do not. We must ask ourselves: how did we become so well-adjusted to the dehumanizing impact and injustice resulting from the proxy-wars we are waging against our children and their home communities? And if we become increasingly well adjusted, we may lose the capacity to imagine a future that values compassion, care, community and – our young.

**Please fill out the attached registration form and return as soon as possible to ensure a seat in your chosen workshop. We will make every effort to give you your first choice of workshops. Workshops will be assigned on a first come, first served basis. If you are an adult who will be attending the Youth Track workshops, please mark the Youth Track section of the registration form. Youth attending will need to fill out the special Youth Track registration form, also attached. If you have any questions, please contact us at:**

**[office@sjcpartnership.org](mailto:office@sjcpartnership.org)**

**or call 505-566-5867**

***The Holiday Inn Express, 2110 Bloomfield Blvd., Farmington, NM 87401, 505-325-2545 is offering a discounted rate of \$88 per night for conference attendees until January 28, 2013. When booking your room please tell them it is for the Creating Cultural Harmony Conference to get the discount.***



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**16<sup>th</sup> Creating Cultural Harmony Conference - February 8, 2013**  
**“Footsteps that Strengthen Hope and Resiliency”**  
**Registration Form**

To ensure a seat in your chosen workshop, please send completed registration form with the registration fee to:

**Mail:** San Juan County Partnership-CCHC, 3535 E. 30<sup>th</sup> St., Ste. 239, Farmington, NM 87402

**Fax:** (505) 566-5870

**Email:** [office@sjcpartnership.org](mailto:office@sjcpartnership.org)

Make checks or money orders payable to: San Juan County Partnership

*We are sorry we cannot accept credit cards; payment must be cash, check, money order or a purchase order number.*

- \$40.00 non-refundable registration fee**, includes CEU’s, morning snack, and lunch.
- \$20.00 F/T Student - non-refundable registration fee**, includes CEU’s, morning snack, and lunch

Participant Information			
**Please type or print. Complete a separate form for each registrant. We must have an address in order to mail CEU certificate.			
First Name	Last Name	Middle Initial	
Organization			
Address			
City	State	Zip Code	
Telephone	Fax	Email	**CEU: Yes No

Please select the letter for your first and second choice of workshops for each session:

**MORNING SESSION:**      **First Choice** \_\_\_\_\_ **Second Choice** \_\_\_\_\_  
 A – Culture as Prevention - Gerry Rainingbird      C – Building Relationships through K’e’ – Raymond Deal  
 B – Communicating Effectively - Roberto Chene      D – Successful Smoke-Free Housing – Kara Skahen

**AFTERNOON SESSION:**      **First Choice:** \_\_\_\_\_ **Second Choice:** \_\_\_\_\_  
 A – Culture as Prevention - Gerry Rainingbird      C – Building Relationships through K’e’ – Raymond Deal  
 B – Communicating Effectively - Roberto Chene      D – Random Acts of Kindness – Diana Rico

**YOUTH TRACK: Morning:** \_\_\_\_\_ **Afternoon:** \_\_\_\_\_

\*\*Please note that 5 CEUs are pending from the New Mexico Credentialing Board for Behavioral Health Professionals, and 5 CEU’s are pending from the New Mexico Counseling and Therapy Practice Board, CEU certificates will be mailed to participants who complete their paperwork after the conference concludes.

*San Juan College Henderson Fine Arts Center is an accessible facility. However, if you need special accommodations or interpreters, please contact San Juan County Partnership at (505) 566-5867 prior to the conference.*

**For Office Use Only:**

**Date Received** \_\_\_\_\_ **AM Workshop** \_\_\_\_\_ **CEU Requested** \_\_\_\_\_  
**Cash** \_\_\_\_\_ **CK#** \_\_\_\_\_ **MO/PO#** \_\_\_\_\_ **PM Workshop** \_\_\_\_\_ **CEU Issued** \_\_\_\_\_



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**Special Youth Track Workshops**

**This year San Juan County Partnership is offering three workshops especially for Youth! The dynamic speakers will be presenting workshops designed specifically for High School students. Students are invited to join us for the day’s entertainment, keynotes and lunch.**

*Participant check-in, breakfast snack & exhibits – 7:30 a.m. – 8:30 a.m.*  
*Opening Ceremony, entertainment and keynote speaker – 8:30 – 10:15 a.m.*

**YOUTH TRACK MORNING WORKSHOP – 10:30 – 11:15 AM**

**“The Revolution Inside” --Presented by: Hakim Bellamy**

*As the inaugural Poet Laureate of Albuquerque, NM (2012-2014), Hakim Bellamy is a national and regional Poetry Slam Champion and holds three consecutive collegiate slam titles at the University of New Mexico. His poetry has been published in Albuquerque inner-city buses and various anthologies. Bellamy was recognized as an honorable mention for the University of New Mexico Paul Bartlett Re Peace Prize for his work as a community organizer and journalist and was recently bestowed the populist honor of “Best Poet” by Local iQ (“Smart List” 2010, 2011 & 2012) and Alibi (“Best of Burque” 2010, 2011 & 2012). He is the co-creator of the multimedia Hip Hop theater production “Urban Verbs: Hip-Hop Conservatory & Theater” that has been staged through the country. He facilitates youth writing workshops for schools and community organizations in New Mexico and beyond.*

In the same fashion that Dr. King once told the world that you can’t legislate a man’s heart, we will explore how to write about social progress and cultural evolution from a personal perspective. There is nothing more influential than testimonials and personal narrative. In this workshop, we will read, explore, write and share personal accounts of cultural accord and discord.

**YOUTH TRACK MORNING WORKSHOP – 11:15 -12:00 Noon**

**“It’s All About Relationships” -- Presented by: Marc Scott**

*Marc hails from a small community in Northeast Arizona. He has been employed with the Navajo Nation for 16 years and is currently an Investigator with the Criminal Investigation Department. Mr. Scott has been a mentor and educator with the “Navajo Healthy Marriage Opportunities Project” and the “Family Roots and Wings Program.” Marc is certified to present and teach the “Prevention and Relationship Enhancement Program” (PREP) curriculum which is based out of the University of Denver.*

This workshop will cover helpful ideas and tools that may be used in understanding the dynamics of a relationship. Mr. Scott will impress the importance of getting to know who you are and understanding the perspective of others in a relationship.

***Lunch will be served in Suns Dining Room***

*12:00 noon – 1:15 PM*

**YOUTH TRACK AFTERNOON WORKSHOP**

*1:30 PM.- 3:00 PM.*

**“Leadership in the Age of Hopelessness, Instilling Hope & Resiliency in Youth”**

**Presented by: Michael Brown**

*Michael has over 25 years of experience and expertise in training, leadership development, community building, enhancing effective communication and establishing environments that support, respect and appreciate difference. Michael’s experience spans grassroots community development; Executive Director Responsibilities and Foundation Program Directorships which enable him to be empathetic to the diverse views that coexist in a room. He is a strong advocate for multicultural leadership development and is known for his innovative, insightful and passionate approach to training and education in support of community strengthening strategies. He has provided technical support and coaching to individuals and organizations ranging from neighborhood and community-based organizations, to state and national initiatives designed to encourage and provide opportunities for community strengthening, service and learning.*

Confidence in the traditional American dream – that each generation can work its way up in the world and have a better life than the previous generation—appears to be slipping away, says the latest USA Gallop poll. Today more youth see less prospects of a bright future than any other generation on record. In a social construct marked by difference, violence, chronic disease, left, right, haves and have-nots, a seemingly endless list of divisive elements, we must revisit the idea of community while enhancing approaches to community leadership and strengthening if we are to instill hope and resiliency in our communities, particularly in our youth.

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**\*\*Youth Track Conference Registration Form\*\***

***Adults attending Youth Track, please fill out regular conference form; check “Youth Track”***

To ensure a seat in the youth workshops, please send completed registration form with the registration fee to:

**Mail:** San Juan County Partnership-CCHC, 3535 E. 30<sup>th</sup> St., Ste. 239, Farmington, NM 87402

**Fax:** (505) 566-5870

**Email:** [office@sjcpartnership.org](mailto:office@sjcpartnership.org)

Make checks or money orders payable to: San Juan County Partnership

***We are unable to accept credit cards; payment must be made by cash, check, money order or purchase order.***

**\$20.00 Student - non-refundable registration fee**, includes morning snack, and lunch

Participant Information		
*Please type or print. Complete a separate form for each registrant.		
<b>First Name</b>	<b>Last Name</b>	<b>Middle Initial</b>
<b>Organization/School</b>		

*San Juan College Henderson Fine Arts Center is an accessible facility. However, if you need special accommodations or interpreters, please contact SJCP at (505) 566-5867 prior to the conference.*

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**For Office Use Only:**

**DateReceived**                      **Cash**                      **Check#**                      **Money Order #**                      **PO#**

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